

Client: MyGoldenGals (Jen Sorino)

Recipe: Adult Turkey & Fish 3.2

Energy Density  
(kcal/gram)

1.33

Energy Density  
(kcal/gram)

\*RER = Resting Energy Requirements

\*\*MER = Maintenance Energy Requirements

Body weight (lbs)	Body weight (kg)	Metabolic Body Weight	RER* (kcal/day)	MER** (kcal/day)	As Fed (grams)
1	0.5	0.6	39	47	35
2	0.9	0.9	65	78	59
3	1.4	1.3	88	106	80
4	1.8	1.6	110	132	99
5	2.3	1.9	130	155	117
6	2.7	2.1	149	178	134
7	3.2	2.4	167	200	150
8	3.6	2.6	184	221	166
9	4.1	2.9	201	242	182
10	4.5	3.1	218	261	197
15	6.8	4.2	295	354	266
20	9.1	5.2	366	440	331
25	11.4	6.2	433	520	391
30	13.6	7.1	497	596	448
35	15.9	8.0	558	669	503
40	18.2	8.8	616	740	556
45	20.5	9.6	673	808	607
50	22.7	10.4	729	874	657
55	25.0	11.2	783	939	706
60	27.3	11.9	835	1002	754
65	29.5	12.7	887	1065	800
70	31.8	13.4	938	1125	846
75	34.1	14.1	988	1185	891
80	36.4	14.8	1037	1244	935
85	38.6	15.5	1085	1302	979
90	40.9	16.2	1132	1359	1022
95	43.2	16.8	1179	1415	1064
100	45.5	17.5	1225	1470	1106
110	50.0	18.8	1316	1579	1188
120	54.5	20.1	1405	1686	1268
130	59.1	21.3	1492	1790	1346
140	63.6	22.5	1577	1893	1423
150	68.2	23.7	1661	1993	1499
175	79.5	26.6	1864	2237	1682
200	90.9	29.4	2061	2473	1859

Product Packaging

8 ounce	226.8	32 ounce	680.4
16 ounce	453.6	44 ounce	1,247.4

Body weight (lbs)	Product Packaging		
	8 ounce	16 ounce	32 ounce
1	0.2	0.1	0.1
2	0.3	0.1	0.1
3	0.4	0.2	0.1
4	0.4	0.2	0.1
5	0.5	0.3	0.2
6	0.6	0.3	0.2
7	0.7	0.3	0.2
8	0.7	0.4	0.2
9	0.8	0.4	0.3
10	0.9	0.4	0.3
15	1.2	0.6	0.4
20	1.5	0.7	0.5
25	1.7	0.9	0.6
30	2.0	1.0	0.7
35	2.2	1.1	0.7
40	2.5	1.2	0.8
45	2.7	1.3	0.9
50	2.9	1.4	1.0
55	3.1	1.6	1.0
60	3.3	1.7	1.1
65	3.5	1.8	1.2
70	3.7	1.9	1.2
75	3.9	2.0	1.3
80	4.1	2.1	1.4
85	4.3	2.2	1.4
90	4.5	2.3	1.5
95	4.7	2.3	1.6
100	4.9	2.4	1.6
110	5.2	2.6	1.7
120	5.6	2.8	1.9
130	5.9	3.0	2.0
140	6.3	3.1	2.1
150	6.6	3.3	2.2
175	7.4	3.7	2.5
200	8.2	4.1	2.7